



# 10. Kristall-Marathon

Merkers / 14.02.2016

0000

**Kluge, Dietmar**

00: Reisegruppe Schlemmerblock

00: 562

00: 42.25 km

Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 4:03:28

00: 10.41 km/h

0000: 5:46 min/km

00000/000: 56 (of 119)

00000/0: 54 (of 107)

000000: 2:53:03

00000: 9(of 16)

0000000: 3:11:10

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:22	5:20	11	4:01	64	5:33	3.25	17:22	5:20	11	4:01	64	5:33
00 2	3.25	17:28	5:22	8	3:43	56	4:48	6.50	34:50	5:21	10	7:44	60	10:21
00 3	3.25	17:20	5:19	7	3:25	48	4:49	9.75	52:10	5:21	8	11:09	57	14:57
00 4	3.25	17:14	5:18	8	3:09	49	4:35	13.00	1:09:24	5:20	9	14:18	53	19:24
00 5	3.25	17:20	5:19	8	3:10	46	4:23	16.25	1:26:44	5:20	9	17:28	53	23:47
00 6	3.25	17:27	5:22	9	3:00	46	4:21	19.50	1:44:11	5:20	9	20:28	52	28:02
00 7	3.25	17:59	5:31	9	3:14	50	4:55	22.75	2:02:10	5:22	9	23:42	52	32:44
00 8	3.25	18:15	5:36	9	3:11	47	5:10	26.00	2:20:25	5:24	9	26:53	51	37:54
00 9	3.25	18:50	5:47	9	3:35	52	5:15	29.25	2:39:15	5:26	9	30:28	51	43:09
00 10	3.25	19:29	5:59	9	3:58	56	5:22	32.50	2:58:44	5:29	9	34:26	49	48:31
00 11	3.25	20:22	6:15	9	4:44	56	6:25	35.75	3:19:06	5:34	9	39:10	51	54:56
00 12	3.25	21:52	6:43	9	6:06	64	7:50	39.00	3:40:58	5:39	9	45:16	52	1:02:46
000 00	3.25	22:30	6:55	10	7:02	73	7:39	42.25	4:03:28	5:45	9	52:18	54	1:10:25