



10. Kristall-Marathon

Merkers / 14.02.2016

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Müller, Eckard

00: Schloss Klippenstein e.V.

00: 591

00: 42.25 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 4:06:33

00: 10.28 km/h

0000: 5:50 min/km

00000/0000: 63 (of 119)

00000/0: 59 (of 107)

000000: 2:53:03

00000: 5(of 10)

0000000: 3:23:54

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:00	4:36	3	1:20	23	3:11	3.25	15:00	4:36	3	1:20	23	3:11
00 2	3.25	15:54	4:53	3	1:10	25	3:14	6.50	30:54	4:45	3	2:29	23	6:25
00 3	3.25	16:50	5:10	4	2:17	44	4:19	9.75	47:44	4:53	3	4:26	24	10:31
00 4	3.25	17:01	5:14	4	2:39	45	4:22	13.00	1:04:45	4:58	3	7:05	28	14:45
00 5	3.25	17:40	5:26	4	3:26	57	4:43	16.25	1:22:25	5:04	3	10:31	36	19:28
00 6	3.25	18:03	5:33	5	3:23	59	4:57	19.50	1:40:28	5:09	4	13:54	42	24:19
00 7	3.25	18:47	5:46	5	4:05	63	5:43	22.75	1:59:15	5:14	4	17:59	42	29:49
00 8	3.25	19:40	6:03	6	4:34	66	6:35	26.00	2:18:55	5:20	4	22:33	47	36:24
00 9	3.25	20:03	6:10	5	4:53	63	6:28	29.25	2:38:58	5:26	4	27:26	49	42:52
00 10	3.25	21:00	6:27	6	4:39	70	6:53	32.50	2:59:58	5:32	4	32:05	51	49:45
00 11	3.25	21:34	6:38	5	3:25	72	7:37	35.75	3:21:32	5:38	5	35:30	54	57:22
00 12	3.25	22:04	6:47	5	3:32	67	8:02	39.00	3:43:36	5:44	5	38:40	55	1:05:24
000 00	3.25	22:57	7:03	6	5:16	81	8:06	42.25	4:06:33	5:50	5	42:39	59	1:13:30