



10. Kristall-Marathon

Merkers / 14.02.2016

0000

Weppler, Boris

00: TEAM AMBACH

00: 653

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 4:07:09

00: 10.20 km/h

0000: 5:51 min/km

00000/0000: 65 (of 119)

00000/0: 60 (of 107)

000000: 2:53:03

00000: 15(of 24)

0000000: 2:53:03

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:24	5:39	18	6:18	76	6:35	3.25	18:24	5:39	18	6:18	76	6:35
00 2	3.25	18:21	5:38	18	5:36	71	5:41	6.50	36:45	5:39	18	11:52	73	12:16
00 3	3.25	18:10	5:35	19	5:39	68	5:39	9.75	54:55	5:37	18	17:16	70	17:42
00 4	3.25	18:07	5:34	16	5:28	65	5:28	13.00	1:13:02	5:37	18	22:44	69	23:02
00 5	3.25	19:00	5:50	19	6:02	76	6:03	16.25	1:32:02	5:39	19	28:46	74	29:05
00 6	3.25	19:30	6:00	19	6:24	84	6:24	19.50	1:51:32	5:43	19	35:10	76	35:23
00 7	3.25	18:01	5:32	13	4:57	53	4:57	22.75	2:09:33	5:41	19	40:07	73	40:07
00 8	3.25	17:54	5:30	10	4:49	42	4:49	26.00	2:27:27	5:40	17	44:56	69	44:56
00 9	3.25	18:57	5:49	12	5:22	53	5:22	29.25	2:46:24	5:41	17	50:18	68	50:18
00 10	3.25	19:28	5:59	12	5:21	55	5:21	32.50	3:05:52	5:43	16	55:39	63	55:39
00 11	3.25	19:21	5:57	10	5:24	48	5:24	35.75	3:25:13	5:44	16	1:01:03	61	1:01:03
00 12	3.25	19:44	6:04	11	5:42	51	5:42	39.00	3:44:57	5:46	15	1:06:45	60	1:06:45
000 00	3.25	22:12	6:49	16	7:21	66	7:21	42.25	4:07:09	5:50	15	1:14:06	60	1:14:06