



10. Kristall-Marathon

Merkers / 14.02.2016

0000

Martin, Alexandra

00: TSV Prichsenstadt

00: 584

00: 42.25 km

Marathon

0000:

Seniorinnen W40 (40-44 Jahre)

000: 4:06:38

00: 10.22 km/h

0000: 5:50 min/km

00000/0000: 64 (of 119)

00000/0: 5 (of 12)

000000: 3:46:38

00000: 3(of 3)

0000000: 3:46:38

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0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 17:23 | 5:20 | 3 | 2:19 | 4 | 2:19 | 3.25 | 17:23 | 5:20 | 3 | 2:19 | 4 | 2:19 |
| 00 2 | 3.25 | 17:32 | 5:23 | 3 | 1:29 | 4 | 1:29 | 6.50 | 34:55 | 5:22 | 3 | 3:48 | 4 | 3:48 |
| 00 3 | 3.25 | 17:38 | 5:25 | 3 | 1:11 | 4 | 1:11 | 9.75 | 52:33 | 5:23 | 3 | 4:59 | 4 | 4:59 |
| 00 4 | 3.25 | 18:10 | 5:35 | 3 | 1:34 | 5 | 1:34 | 13.00 | 1:10:43 | 5:26 | 3 | 6:29 | 4 | 6:29 |
| 00 5 | 3.25 | 18:18 | 5:37 | 3 | 1:30 | 5 | 1:30 | 16.25 | 1:29:01 | 5:28 | 3 | 7:54 | 5 | 7:54 |
| 00 6 | 3.25 | 18:33 | 5:42 | 3 | 1:21 | 4 | 1:21 | 19.50 | 1:47:34 | 5:30 | 3 | 9:15 | 4 | 9:15 |
| 00 7 | 3.25 | 18:47 | 5:46 | 3 | 1:20 | 5 | 1:20 | 22.75 | 2:06:21 | 5:33 | 3 | 10:24 | 4 | 10:24 |
| 00 8 | 3.25 | 19:11 | 5:54 | 3 | 1:38 | 5 | 1:38 | 26.00 | 2:25:32 | 5:35 | 3 | 11:29 | 4 | 11:29 |
| 00 9 | 3.25 | 20:46 | 6:23 | 3 | 2:59 | 7 | 2:59 | 29.25 | 2:46:18 | 5:41 | 3 | 14:03 | 5 | 14:03 |
| 00 10 | 3.25 | 19:21 | 5:57 | 3 | 0:54 | 3 | 0:54 | 32.50 | 3:05:39 | 5:42 | 3 | 14:57 | 4 | 14:57 |
| 00 11 | 3.25 | 19:50 | 6:06 | 3 | 0:56 | 4 | 0:56 | 35.75 | 3:25:29 | 5:44 | 3 | 15:40 | 5 | 15:40 |
| 00 12 | 3.25 | 21:06 | 6:29 | 3 | 2:01 | 5 | 2:01 | 39.00 | 3:46:35 | 5:48 | 3 | 17:41 | 5 | 17:41 |
| 000 00 | 3.25 | 20:03 | 6:10 | 3 | 2:19 | 4 | 2:19 | 42.25 | 4:06:38 | 5:50 | 3 | 20:00 | 5 | 20:00 |