



10. Kristall-Marathon

Merkers / 14.02.2016

0000

Trambo, Uwe

00: Peewee

00: 643

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 4:16:53

00: 9.81 km/h

0000: 6:05 min/km

00000/0000: 76 (of 119)

00000/0: 70 (of 107)

000000: 2:53:03

00000: 7(of 9)

0000000: 3:07:39

0000

0000

000

| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|------|-------|---------|--------|----|---------|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 20:14 | 6:13 | 9 | 7:50 | 98 | 8:25 | 3.25 | 20:14 | 6:13 | 9 | 7:50 | 98 | 8:25 |
| 00 2 | 3.25 | 18:53 | 5:48 | 7 | 5:36 | 82 | 6:13 | 6.50 | 39:07 | 6:01 | 9 | 13:26 | 94 | 14:38 |
| 00 3 | 3.25 | 18:36 | 5:43 | 8 | 4:55 | 76 | 6:05 | 9.75 | 57:43 | 5:55 | 9 | 18:21 | 89 | 20:30 |
| 00 4 | 3.25 | 19:54 | 6:07 | 9 | 6:06 | 87 | 7:15 | 13.00 | 1:17:37 | 5:58 | 9 | 24:24 | 89 | 27:37 |
| 00 5 | 3.25 | 20:23 | 6:16 | 9 | 6:14 | 88 | 7:26 | 16.25 | 1:38:00 | 6:01 | 9 | 30:38 | 88 | 35:03 |
| 00 6 | 3.25 | 21:32 | 6:37 | 9 | 7:23 | 95 | 8:26 | 19.50 | 1:59:32 | 6:07 | 9 | 37:52 | 89 | 43:23 |
| 00 7 | 3.25 | 21:06 | 6:29 | 9 | 6:43 | 91 | 8:02 | 22.75 | 2:20:38 | 6:10 | 9 | 44:26 | 89 | 51:12 |
| 00 8 | 3.25 | 20:02 | 6:09 | 6 | 5:30 | 72 | 6:57 | 26.00 | 2:40:40 | 6:10 | 9 | 49:28 | 87 | 58:09 |
| 00 9 | 3.25 | 20:47 | 6:23 | 6 | 6:12 | 75 | 7:12 | 29.25 | 3:01:27 | 6:12 | 9 | 55:20 | 85 | 1:05:21 |
| 00 10 | 3.25 | 18:26 | 5:40 | 4 | 3:16 | 43 | 4:19 | 32.50 | 3:19:53 | 6:09 | 9 | 58:36 | 85 | 1:09:40 |
| 00 11 | 3.25 | 19:18 | 5:56 | 4 | 3:26 | 47 | 5:21 | 35.75 | 3:39:11 | 6:07 | 8 | 1:02:02 | 79 | 1:15:01 |
| 00 12 | 3.25 | 18:37 | 5:43 | 4 | 3:30 | 29 | 4:35 | 39.00 | 3:57:48 | 6:05 | 8 | 1:05:32 | 74 | 1:19:36 |
| 000 00 | 3.25 | 19:05 | 5:52 | 4 | 3:42 | 43 | 4:14 | 42.25 | 4:16:53 | 6:04 | 7 | 1:09:14 | 70 | 1:23:50 |