



10. Kristall-Marathon

Merkers / 14.02.2016

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Gacik, Sasa

□□: Nis

□□: 533

□□: 42.25 km

Marathon

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 4:36:02

□□: 9.18 km/h

□□□□: 6:32 min/km

□□□□□/□□□: 98 (of 119)

□□□□□/□: 90 (of 107)

□□□□□□: 2:53:03

□□□□□: 22(of 24)

□□□□□□□: 3:08:05

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:16	6:14	23	7:08	99	8:27	3.25	20:16	6:14	23	7:08	99	8:27	
□□ 2	3.25	20:30	6:18	22	6:41	97	7:50	6.50	40:46	6:16	23	13:43	98	16:17	
□□ 3	3.25	20:24	6:16	21	6:46	95	7:53	9.75	1:01:10	6:16	23	20:20	98	23:57	
□□ 4	3.25	20:30	6:18	21	6:46	93	7:51	13.00	1:21:40	6:16	23	27:06	98	31:40	
□□ 5	3.25	20:29	6:18	21	6:39	90	7:32	16.25	1:42:09	6:17	22	33:45	97	39:12	
□□ 6	3.25	19:28	5:59	20	5:19	83	6:22	19.50	2:01:37	6:14	21	39:04	93	45:28	
□□ 7	3.25	19:10	5:53	14	5:05	72	6:06	22.75	2:20:47	6:11	21	44:09	91	51:21	
□□ 8	3.25	19:41	6:03	16	4:50	68	6:36	26.00	2:40:28	6:10	20	48:53	86	57:57	
□□ 9	3.25	21:35	6:38	23	6:41	82	8:00	29.25	3:02:03	6:13	20	55:28	86	1:05:57	
□□ 10	3.25	23:27	7:12	24	8:08	95	9:20	32.50	3:25:30	6:19	22	1:03:36	88	1:15:17	
□□ 11	3.25	23:47	7:19	23	8:34	91	9:50	35.75	3:49:17	6:24	22	1:12:10	89	1:25:07	
□□ 12	3.25	24:00	7:23	22	8:15	90	9:58	39.00	4:13:17	6:29	22	1:20:25	91	1:35:05	
□□□ □□	3.25	22:45	7:00	20	7:32	79	7:54	42.25	4:36:02	6:32	22	1:27:57	90	1:42:59	