



# 10. Kristall-Marathon

Merkers / 14.02.2016

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## Thiel-Freitag, Wilhelma

□□: TSVE 1890 Bielefeld

□□: 641

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W60 (60-64 Jahre)

□□□: 4:54:14

□□: 8.62 km/h

□□□□: 6:58 min/km

□□□□□/□□□□: 110 (of 119)

□□□□□/□: 10 (of 12)

□□□□□□: 3:46:38

□□□□□: 1(of 1)

□□□□□□□: 4:54:14

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	3.25	20:21	6:15	1	-	11	5:17	3.25	20:21	6:15	1	-	11	5:17
□□ 2	3.25	20:26	6:17	1	-	8	4:23	6.50	40:47	6:16	1	-	10	9:40
□□ 3	3.25	20:28	6:17	1	-	8	4:01	9.75	1:01:15	6:16	1	-	9	13:41
□□ 4	3.25	21:52	6:43	1	-	11	5:16	13.00	1:23:07	6:23	1	-	10	18:53
□□ 5	3.25	21:18	6:33	1	-	11	4:30	16.25	1:44:25	6:25	1	-	10	23:18
□□ 6	3.25	21:37	6:39	1	-	9	4:25	19.50	2:06:02	6:27	1	-	10	27:43
□□ 7	3.25	22:13	6:50	1	-	10	4:46	22.75	2:28:15	6:30	1	-	10	32:18
□□ 8	3.25	22:18	6:51	1	-	9	4:45	26.00	2:50:33	6:33	1	-	10	36:30
□□ 9	3.25	22:44	6:59	1	-	9	4:57	29.25	3:13:17	6:36	1	-	10	41:02
□□ 10	3.25	23:37	7:15	1	-	8	5:10	32.50	3:36:54	6:40	1	-	10	46:12
□□ 11	3.25	25:13	7:45	1	-	9	6:19	35.75	4:02:07	6:46	1	-	10	52:18
□□ 12	3.25	24:52	7:39	1	-	10	5:47	39.00	4:26:59	6:50	1	-	10	58:05
□□□ □□	3.25	27:15	8:23	1	-	10	9:31	42.25	4:54:14	6:57	1	-	10	1:07:36