



13. Lorsch Triathlon

Lorsch / 14.08.2016

0000

Leube, Felix

000: 1:03:16

00: 283

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 8 (of 336)

00000/0: 8 (of 240)

000000: 1:01:20

0000:

männliche AK 2 (TM 25)

00000: 4(of 16)

0000000: 1:01:54

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0000

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	9:33	19:06	11	2:15	47	2:15	0.50	9:33	19:06	17	2:15	241	2:15
Wechsel S -> R	-	2:17	-	11	0:56	89	1:01	0.50	11:50	23:40	17	2:28	241	2:46
Schwimmen 000	0.50	11:50	23:40	17	2:28	241	2:46	0.50	11:50	23:40	17	2:28	241	2:46
Rad netto	20.00	31:43	1:35	1	-	4	7:14	20.50	43:33	2:07	17	2:05	241	2:05
Wechsel R -> L	-	0:54	-	8	0:23	84	0:27	20.50	44:27	2:10	17	2:00	241	3:16
Rad 000	20.00	32:37	1:37	1	-	5	4:38	20.50	44:27	2:10	17	2:00	241	3:16
Lauf	5.00	18:49	3:45	4	1:11	9	1:11	25.50	1:03:16	2:28	4	1:22	8	1:56