



13. Lorsch Triathlon

Lorsch / 14.08.2016

Team Weber & Hilß

Team Weber & Hilß

351

25.50 km

Triathlonstaffel

Triathlon-Staffel

Triathlon-Staffel

1:27:39

22 (of 24)

22 (of 24)

58:20

22(of 24)

58:20

Team Weber & Hilß

Team Weber & Hilß

Team Weber & Hilß

Team Weber & Hilß	km	min	sec	min/km	-	-	min	sec	Team Weber & Hilß	km	min	sec	min/km	-	-	min	sec	
Schwimmen nett	0.50	10:16	20:32	8	2:56	8	2:56	8	2:56	0.50	10:16	20:32	8	2:56	8	2:56	8	2:56
Wechsel S -> R	-	1:47	-	17	0:37	17	0:37	17	0:37	0.50	12:03	24:06	10	3:20	10	3:20	10	3:20
Schwimmen Team Weber & Hilß	0.50	12:03	24:06	10	3:20	10	3:20	10	3:20	0.50	12:03	24:06	10	3:20	10	3:20	10	3:20
Rad netto	20.00	44:55	2:14	23	14:25	23	14:25	23	14:25	20.50	56:58	2:46	21	17:45	21	17:45	21	17:45
Wechsel R -> L	-	0:53	-	23	0:29	23	0:29	23	0:29	20.50	57:51	2:49	21	18:09	21	18:09	21	18:09
Rad Team Weber & Hilß	20.00	45:48	2:17	23	14:49	23	14:49	23	14:49	20.50	57:51	2:49	21	18:09	21	18:09	21	18:09
Lauf	5.00	29:48	5:57	20	11:55	20	11:55	20	11:55	25.50	1:27:39	3:26	22	29:19	22	29:19	22	29:19