



# MTBO Deutschland Cup

Freiberg / 18.09.2016

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Haberecht, Ralf

□□: ESV Bitterfeld

□□□: 2:12:08

□□□□: 13:28 min/km

□□: 9.80 km / 15 □□

□□□□:

H 21A (Herren ab 21 A)

□□□□□: 8(of 9)

□□□□□□: 52:49

□□: 1:19:19

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	0:35	9	0:22	169.2	0:35	9	0:22	169.2
2 (32)	4:21	8	1:07	34.5	4:56	8	1:28	42.3
3 (33)	4:25	4	0:24	10.0	9:21	7	1:52	24.9
4 (34)	51:50	9	46:17	833.9	1:01:11	9	47:51	358.9
5 (35)	1:34	8	0:48	104.4	1:02:45	9	48:29	339.8
6 (36)	12:26	7	4:08	49.8	1:15:11	8	51:43	220.4
7 (37)	8:53	7	3:45	73.1	1:24:04	8	55:05	190.1
8 (38)	9:32	8	4:06	75.5	1:33:36	8	59:08	171.6
9 (39)	8:07	8	3:56	94.0	1:41:43	8	1:03:04	163.2
10 (40)	9:43	8	6:39	216.9	1:51:26	8	1:08:54	162.0
11 (41)	7:00	8	3:41	111.1	1:58:26	8	1:12:34	158.2
12 (42)	5:08	8	2:23	86.7	2:03:34	8	1:14:57	154.2
13 (43)	3:44	8	1:53	101.8	2:07:18	8	1:16:49	152.2
14 (44)	1:00	7	0:35	140.0	2:08:18	8	1:17:24	152.1
15 (45)	3:47	8	2:35	215.3	2:12:05	8	1:19:31	151.3
□□	0:03	1	-	-	2:12:08	8	1:19:19	150.2