

26. Rennsteig Herbstlauf 26. Kermsteig 110.001 Masserberg / 02.10.2016



Müller, Diana

□□: Erfurt □□: 346

□□: 20.00 km 20km Strecke

Seniorinnen W35 (35-39 Jahre)

□□□: 2:04:37

□□: 9.63 km/h

□□□□: 6:14 min/km

______: 453 (of 552)

____/_: 91 (of 147)

____: 1:23:47

□□□□: 12(of 21)

____: 1:32:47

	km		min/km	-	-			km		min/km	-	-		
10 km	10.00	1:03:46	6:22	13	16:51	106	20:52	10.00	1:03:46	6:22	13	16:51	106	20:52
	10.00	1:00:51	6:05	11	14:59	87	20:00	20.00	2:04:37	6:13	12	31:50	91	40:50