



18. Rennsteig-Staffellauf

Blankenstein bis Hirschel / 18.06.2016

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Eintracht BS und die Harzer Skifreunde: 12:03:50

□□: 115

□□: 13.93 km/h
 □□□□: 4:17 min/km

□□: 168.90 km

Blankenstein-Hirschel

□□□□□: 11 (of 230)

□□□□□□: 10:30:45

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□□□□□: 10(of 143)

Männerstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.60	1:10:46	4:01	4	7:18	5	7:18	17.60	1:10:46	4:01	4	7:18	5	7:18
Schildwiese	18.60	1:20:59	4:21	18	12:06	31	12:55	36.20	2:31:45	4:11	8	17:49	13	17:49
Neuhaus	16.00	1:04:31	4:01	4	5:14	4	5:14	52.20	3:36:16	4:08	5	22:29	5	22:29
Masserberg	17.30	1:18:56	4:33	21	14:12	25	14:12	69.50	4:55:12	4:14	7	34:55	8	34:55
Allzunah	17.90	1:18:33	4:23	13	10:27	17	10:33	87.40	6:13:45	4:16	8	42:46	9	42:46
Grenzadler	20.00	1:21:11	4:03	13	9:04	16	9:04	107.40	7:34:56	4:14	7	51:50	9	51:50
Neue Ausspanne	13.70	1:00:13	4:23	16	10:47	18	10:47	121.10	8:35:09	4:15	8	1:02:37	9	1:02:37
Kleiner Inselsber	13.90	1:00:44	4:22	14	11:51	18	11:51	135.00	9:35:53	4:15	11	1:12:56	12	1:12:56
Hohe Sonne	18.90	1:27:07	4:36	33	15:29	45	17:35	153.90	11:03:00	4:18	11	1:28:18	13	1:28:18
Hirschel	15.00	1:00:50	4:03	7	10:32	7	10:32	168.90	12:03:50	4:17	10	1:33:05	11	1:33:05