



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

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Team Eichsfeld I

□□□: 12:10:16

□□: 96

□□: 13.80 km/h

□□□□: 4:19 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 13 (of 230)

□□□□□□: 10:30:45

□□□□:

□□□□□: 11(of 143)

Männerstaffel

□□□□□□□: 10:30:45

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Grumbach	17.60	1:18:23	4:27	14	14:55	23	14:55	17.60	1:18:23	4:27	14	14:55	23	14:55
Schildwiese	18.60	1:17:59	4:11	12	9:06	21	9:55	36.20	2:36:22	4:19	11	22:26	16	22:26
Neuhaus	16.00	1:09:17	4:19	11	10:00	12	10:00	52.20	3:45:39	4:19	9	31:52	10	31:52
Masserberg	17.30	1:18:54	4:33	20	14:10	24	14:10	69.50	5:04:33	4:22	12	44:16	14	44:16
Allzunah	17.90	1:16:38	4:16	9	8:32	12	8:38	87.40	6:21:11	4:21	12	50:12	14	50:12
Grenzdler	20.00	1:18:53	3:56	9	6:46	12	6:46	107.40	7:40:04	4:17	11	56:58	13	56:58
Neue Ausspanne	13.70	56:24	4:07	10	6:58	11	6:58	121.10	8:36:28	4:15	10	1:03:56	11	1:03:56
Kleiner Inselsber	13.90	56:08	4:02	6	7:15	7	7:15	135.00	9:32:36	4:14	7	1:09:39	8	1:09:39
Hohe Sonne	18.90	1:25:42	4:32	25	14:04	37	16:10	153.90	10:58:18	4:16	9	1:23:36	11	1:23:36
Hörschel	15.00	1:11:58	4:47	51	21:40	62	21:40	168.90	12:10:16	4:19	11	1:39:31	13	1:39:31