



18. Rennsteig-Staffellauf

Blankenstein bis Hirschel / 18.06.2016

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Thüringer Allgemeine

□□□: 15:23:28

□□: 17

□□: - km/h
□□□□: 5:28 min/km

Enduro E Bike

□□□□□: 129 (of 230)

□□□□□□: 10:30:45

□□□□:

□□□□□: 103(of 143)

Männerstaffel

□□□□□□□: 10:30:45

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Grumbach	17.60	1:21:28	4:37	25	18:00	38	18:00	17.60	1:21:28	4:37	25	18:00	38	18:00
Schildwiese	18.60	1:37:53	5:15	110	29:00	151	29:49	36.20	2:59:21	4:57	49	45:25	71	45:25
Neuhaus	16.00	1:29:41	5:36	101	30:24	129	30:24	52.20	4:29:02	5:09	68	1:15:15	90	1:15:15
Masserberg	17.30	1:28:08	5:05	65	23:24	88	23:24	69.50	5:57:10	5:08	63	1:36:53	83	1:36:53
Allzunah	17.90	1:37:14	5:25	86	29:08	112	29:14	87.40	7:34:24	5:11	65	2:03:25	81	2:03:25
Grenzdler	20.00	2:14:32	6:43	142	1:02:25	223	1:02:25	107.40	9:48:56	5:29	106	3:05:50	138	3:05:50
Neue Ausspanne	13.70	1:06:25	4:50	43	16:59	52	16:59	121.10	10:55:21	5:24	96	3:22:49	122	3:22:49
Kleiner Inselsber	13.90	1:11:12	5:07	53	22:19	65	22:19	135.00	12:06:33	5:22	89	3:43:36	110	3:43:36
Hohe Sonne	18.90	1:59:13	6:18	138	47:35	217	49:41	153.90	14:05:46	5:29	106	4:31:04	134	4:31:04
Hirschel	15.00	1:17:42	5:10	76	27:24	97	27:24	-	15:23:28	-	103	4:52:43	129	4:52:43