



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

Team One Hirschvogel 2

120

168.90 km

Blankenstein-Hörschel

Männerstaffel

15:27:04

10.93 km/h

5:29 min/km

131 (of 230)

10:30:45

104(of 143)

10:30:45

Team One Hirschvogel 2

15:27:04

10:30:45

km	min/km	-	-	km	min/km	-	-	km	min/km	-	-	km	min/km	-	-
Grumbach	17.60	1:43:32	5:52	120	40:04	186	40:04	17.60	1:43:32	5:52	120	40:04	186	40:04	
Schildwiese	18.60	1:37:49	5:15	109	28:56	150	29:45	36.20	3:21:21	5:33	126	1:07:25	179	1:07:25	
Neuhaus	16.00	1:19:27	4:57	47	20:10	54	20:10	52.20	4:40:48	5:22	98	1:27:01	126	1:27:01	
Masserberg	17.30	1:42:07	5:54	119	37:23	172	37:23	69.50	6:22:55	5:30	109	2:02:38	144	2:02:38	
Allzunah	17.90	1:37:06	5:25	85	29:00	111	29:06	87.40	8:00:01	5:29	100	2:29:02	129	2:29:02	
Grenzdler	20.00	1:39:48	4:59	72	27:41	113	27:41	107.40	9:39:49	5:23	92	2:56:43	121	2:56:43	
Neue Ausspanne	13.70	1:03:40	4:38	32	14:14	37	14:14	121.10	10:43:29	5:18	83	3:10:57	102	3:10:57	
Kleiner Inselsber	13.90	1:22:00	5:53	114	33:07	162	33:07	135.00	12:05:29	5:22	88	3:42:32	109	3:42:32	
Hohe Sonne	18.90	1:50:54	5:52	127	39:16	190	41:22	153.90	13:56:23	5:26	99	4:21:41	123	4:21:41	
Hörschel	15.00	1:30:41	6:02	117	40:23	179	40:23	168.90	15:27:04	5:29	104	4:56:19	131	4:56:19	