



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

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Schönheider Skispitzen

□□□: 15:59:07

□□: 178

□□: 10.57 km/h

□□□□: 5:41 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 171 (of 230)

□□□□□□: 10:30:45

□□□□:

□□□□□: 125(of 143)

Männerstaffel

□□□□□□□: 10:30:45

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.60	1:27:40	4:58	49	24:12	76	24:12	17.60	1:27:40	4:58	49	24:12	76	24:12
Schildwiese	18.60	1:46:36	5:43	132	37:43	193	38:32	36.20	3:14:16	5:21	102	1:00:20	146	1:00:20
Neuhaus	16.00	1:32:52	5:48	116	33:35	158	33:35	52.20	4:47:08	5:30	116	1:33:21	147	1:33:21
Masserberg	17.30	1:47:25	6:12	133	42:41	199	42:41	69.50	6:34:33	5:40	124	2:14:16	167	2:14:16
Allzunah	17.90	1:54:04	6:22	133	45:58	198	46:04	87.40	8:28:37	5:49	135	2:57:38	194	2:57:38
Grenzdler	20.00	1:53:12	5:39	125	41:05	188	41:05	107.40	10:21:49	5:47	136	3:38:43	195	3:38:43
Neue Ausspanne	13.70	1:26:15	6:17	128	36:49	197	36:49	121.10	11:48:04	5:50	138	4:15:32	199	4:15:32
Kleiner Inselsber	13.90	1:16:09	5:28	78	27:16	106	27:16	135.00	13:04:13	5:48	135	4:41:16	192	4:41:16
Hohe Sonne	18.90	1:44:25	5:31	104	32:47	153	34:53	153.90	14:48:38	5:46	131	5:13:56	186	5:13:56
Hörschel	15.00	1:10:29	4:41	44	20:11	49	20:11	168.90	15:59:07	5:40	125	5:28:22	171	5:28:22