



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

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Günters Männer

□□□: 10:44:21

□□: 148

□□: 15.64 km/h
□□□□: 3:49 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 3 (of 230)

□□□□□□: 10:30:45

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□□□□□: 3(of 143)

Männerstaffel

□□□□□□□: 10:30:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:10:51	4:01	5	7:23	6	7:23	17.60	1:10:51	4:01	5	7:23	6	7:23
Schildwiese	18.60	1:12:45	3:54	5	3:52	9	4:41	36.20	2:23:36	3:58	3	9:40	5	9:40
Neuhaus	16.00	59:38	3:43	2	0:21	2	0:21	52.20	3:23:14	3:53	3	9:27	3	9:27
Masserberg	17.30	1:04:44	3:44	1	-	1	-	69.50	4:27:58	3:51	3	7:41	3	7:41
Allzunah	17.90	1:10:25	3:56	3	2:19	4	2:25	87.40	5:38:23	3:52	3	7:24	3	7:24
Grenzdler	20.00	1:18:03	3:54	6	5:56	9	5:56	107.40	6:56:26	3:52	3	13:20	3	13:20
Neue Ausspanne	13.70	51:10	3:44	3	1:44	3	1:44	121.10	7:47:36	3:51	3	15:04	3	15:04
Kleiner Inselsber	13.90	48:53	3:31	1	-	1	-	135.00	8:36:29	3:49	2	13:32	2	13:32
Hohe Sonne	18.90	1:17:34	4:06	5	5:56	9	8:02	153.90	9:54:03	3:51	3	19:21	3	19:21
Hörschel	15.00	50:18	3:21	1	-	1	-	168.90	10:44:21	3:48	3	13:36	3	13:36