



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

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Gotano Harmonists

□□□: 13:31:02

□□: 90

□□: 12.43 km/h
□□□□: 4:48 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 30 (of 230)

□□□□□□: 10:30:45

□□□□:

□□□□□: 24(of 143)

Männerstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.60	1:27:52	4:59	51	24:24	79	24:24	17.60	1:27:52	4:59	51	24:24	79	24:24
Schildwiese	18.60	1:36:26	5:11	97	27:33	133	28:22	36.20	3:04:18	5:05	73	50:22	101	50:22
Neuhaus	16.00	1:21:56	5:07	65	22:39	73	22:39	52.20	4:26:14	5:06	59	1:12:27	79	1:12:27
Masserberg	17.30	1:22:21	4:45	35	17:37	45	17:37	69.50	5:48:35	5:00	46	1:28:18	63	1:28:18
Allzunah	17.90	1:29:48	5:01	44	21:42	54	21:48	87.40	7:18:23	5:00	42	1:47:24	52	1:47:24
Grenzdler	20.00	1:31:30	4:34	35	19:23	50	19:23	107.40	8:49:53	4:56	36	2:06:47	45	2:06:47
Neue Ausspanne	13.70	1:05:16	4:45	36	15:50	42	15:50	121.10	9:55:09	4:54	33	2:22:37	41	2:22:37
Kleiner Inselsber	13.90	1:03:29	4:34	22	14:36	28	14:36	135.00	10:58:38	4:52	29	2:35:41	37	2:35:41
Hohe Sonne	18.90	1:24:47	4:29	22	13:09	32	15:15	153.90	12:23:25	4:49	26	2:48:43	33	2:48:43
Hörschel	15.00	1:07:37	4:30	28	17:19	29	17:19	168.90	13:31:02	4:48	24	3:00:17	30	3:00:17