



# 18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

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Lessau Ludwig (L)Aufzug

□□□: 13:34:50

□□: 75

□□: - km/h  
□□□□: 4:49 min/km

Enduro E Bike

□□□□□: 32 (of 230)

□□□□□□: 10:30:45

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□□□□□: 26(of 143)

Männerstaffel

□□□□□□: 10:30:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.60	1:30:15	5:07	67	26:47	99	26:47	17.60	1:30:15	5:07	67	26:47	99	26:47
Schildwiese	18.60	1:29:34	4:48	50	20:41	72	21:30	36.20	2:59:49	4:58	53	45:53	76	45:53
Neuhaus	16.00	1:14:09	4:38	23	14:52	25	14:52	52.20	4:13:58	4:51	38	1:00:11	51	1:00:11
Masserberg	17.30	1:22:31	4:46	37	17:47	47	17:47	69.50	5:36:29	4:50	32	1:16:12	43	1:16:12
Allzunah	17.90	1:32:09	5:08	55	24:03	70	24:09	87.40	7:08:38	4:54	32	1:37:39	40	1:37:39
Grenzdler	20.00	1:20:43	4:02	12	8:36	15	8:36	107.40	8:29:21	4:44	25	1:46:15	31	1:46:15
Neue Ausspanne	13.70	1:18:06	5:42	101	28:40	140	28:40	121.10	9:47:27	4:51	28	2:14:55	36	2:14:55
Kleiner Inselsber	13.90	1:15:03	5:23	70	26:10	91	26:10	135.00	11:02:30	4:54	30	2:39:33	39	2:39:33
Hohe Sonne	18.90	1:24:32	4:28	20	12:54	29	15:00	153.90	12:27:02	4:51	28	2:52:20	36	2:52:20
Hörschel	15.00	1:07:48	4:31	32	17:30	34	17:30	-	13:34:50	-	26	3:04:05	32	3:04:05