



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

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Logistikkommando der Bundeswehr in Erfurt 41:14

00: 20

00: 168.90 km

Blankenstein-Hörschel

0000:

Männerstaffel

00: 12.27 km/h

0000: 4:52 min/km

000000: 35 (of 230)

0000000: 10:30:45

000000: 28(of 143)

00000000: 10:30:45

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Grumbach	17.60	1:22:07	4:39	29	18:39	44	18:39	17.60	1:22:07	4:39	29	18:39	44	18:39
Schildwiese	18.60	1:25:24	4:35	31	16:31	49	17:20	36.20	2:47:31	4:37	22	33:35	35	33:35
Neuhaus	16.00	1:17:45	4:51	39	18:28	45	18:28	52.20	4:05:16	4:41	23	51:29	34	51:29
Masserberg	17.30	1:22:13	4:45	33	17:29	43	17:29	69.50	5:27:29	4:42	23	1:07:12	29	1:07:12
Allzunah	17.90	1:31:29	5:06	48	23:23	62	23:29	87.40	6:58:58	4:47	27	1:27:59	34	1:27:59
Grenzadler	20.00	1:46:37	5:19	96	34:30	149	34:30	107.40	8:45:35	4:53	33	2:02:29	42	2:02:29
Neue Ausspanne	13.70	1:08:42	5:00	56	19:16	68	19:16	121.10	9:54:17	4:54	32	2:21:45	40	2:21:45
Kleiner Inselsber	13.90	59:43	4:17	10	10:50	12	10:50	135.00	10:54:00	4:50	27	2:31:03	35	2:31:03
Hohe Sonne	18.90	1:35:35	5:03	71	23:57	99	26:03	153.90	12:29:35	4:52	29	2:54:53	38	2:54:53
Hörschel	15.00	1:11:39	4:46	49	21:21	58	21:21	168.90	13:41:14	4:51	28	3:10:29	35	3:10:29