



18. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2016

□□□□

Team DEURA Haus

□□□: 14:24:26

□□: 13

□□: 11.66 km/h

□□□□: 5:07 min/km

□□: 168.90 km

Blankenstein-Hörschel

□□□□□: 65 (of 230)

□□□□□□: 10:30:45

□□□□:

□□□□□: 53(of 143)

Männerstaffel

□□□□□□□: 10:30:45

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.60	1:41:13	5:45	115	37:45	178	37:45	17.60	1:41:13	5:45	115	37:45	178	37:45
Schildwiese	18.60	1:30:10	4:50	52	21:17	76	22:06	36.20	3:11:23	5:17	91	57:27	133	57:27
Neuhaus	16.00	1:31:59	5:44	111	32:42	150	32:42	52.20	4:43:22	5:25	103	1:29:35	133	1:29:35
Masserberg	17.30	1:27:34	5:03	60	22:50	82	22:50	69.50	6:10:56	5:20	90	1:50:39	116	1:50:39
Allzunah	17.90	1:42:25	5:43	109	34:19	148	34:25	87.40	7:53:21	5:24	91	2:22:22	118	2:22:22
Grenzdler	20.00	1:41:25	5:04	82	29:18	125	29:18	107.40	9:34:46	5:21	88	2:51:40	114	2:51:40
Neue Ausspanne	13.70	1:05:55	4:48	40	16:29	46	16:29	121.10	10:40:41	5:17	78	3:08:09	97	3:08:09
Kleiner Inselsber	13.90	1:04:52	4:39	27	15:59	34	15:59	135.00	11:45:33	5:13	66	3:22:36	83	3:22:36
Hohe Sonne	18.90	1:18:40	4:09	8	7:02	13	9:08	153.90	13:04:13	5:05	52	3:29:31	65	3:29:31
Hörschel	15.00	1:20:13	5:20	90	29:55	116	29:55	168.90	14:24:26	5:07	53	3:53:41	65	3:53:41