



10. Schlaubetalmarathon

Eisenhüttenstadt / 15.10.2016

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Krause, Karsten

□□: Running Team Grafenberg
 □□: 697

□□: 43.00 km
 Schlaubetal-Marathon

□□□□:
 Senioren M40 (40-44 Jahre)

□□□: 5:17:16

□□: 8.13 km/h

□□□□□/□□□: 116 (of 132)

□□□□□/□: 96 (of 105)

□□□□□□: 2:59:41

□□□□□: 10(of 10)

□□□□□□□: 3:33:45

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	11.60	1:09:29	9.50	10	14:28	85	24:04	11.60	1:09:29	9.50	10	14:28	85	24:04
□□ 2	9.90	1:13:04	7.39	10	23:20	96	30:50	21.50	2:22:33	8.84	10	37:48	94	54:54
□□ 3	11.10	1:31:39	7.20	10	34:52	100	42:04	32.60	3:54:12	8.20	10	1:12:40	95	1:36:58
□□□ Inselhalle	10.40	1:23:04	7.22	10	30:51	101	40:37	43.00	5:17:16	8.13	10	1:43:31	96	2:17:35