



Stirnu Buks II  
Gaujas Nacionala Parka / 21.05.2016

0000

Šulmanis, Matīss

00: CrossFit Rīdzene

00: 2432

00: 13.00 km

Zakis

0000:

VZ2C

000: 1:22:28

00: 9.46 km/h

00000/000: 187 (of 710)

00000/0: 162 (of 369)

000000: 54:11

00000: 26(of 45)

0000000: 55:30

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
101	4.75	21:44	11.04	15	4:59	53	4:59	4.75	21:44	11.04	15	4:59	53	4:59
102	0.25	4:36	0.00	19	1:20	133	2:06	5.00	26:20	11.39	15	6:00	62	6:31
104	7.00	42:47	9.82	28	15:31	213	16:13	12.00	1:09:07	10.42	25	21:31	141	22:44
Ziel	1.00	13:21	4.49	32	5:27	253	5:33	13.00	1:22:28	9.46	26	26:58	163	28:17