



Stirnu Buks II
Gaujas Nacionala Parka / 21.05.2016

0000

Kaufmanis, Toms

00: Maratona klubs

00: 154

00: 32.00 km

Lusis

0000:

VLJA

000: 3:01:35

00: 10.57 km/h

00000/000: 54 (of 199)

00000/0: 49 (of 153)

000000: 2:13:06

00000: 4(of 9)

0000000: 2:41:57

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
101	4.75	22:11	10.82	4	2:42	45	5:52	4.75	22:11	10.82	4	2:42	45	5:52
102	0.25	4:38	0.00	7	1:26	119	2:32	5.00	26:49	11.19	5	4:08	53	7:53
103	5.00	30:07	9.96	3	2:39	39	5:56	10.00	56:56	10.54	4	6:47	50	12:34
104	7.00	35:31	11.83	4	4:40	53	9:16	17.00	1:32:27	11.03	3	11:27	49	21:48
105	6.00	33:53	10.62	3	3:30	34	8:01	23.00	2:06:20	10.92	3	14:57	45	29:40
106	6.00	35:43	10.08	4	3:35	59	11:19	29.00	2:42:03	10.74	3	18:32	45	40:42
Ziel	3.00	19:32	9.22	7	4:06	98	7:47	32.00	3:01:35	10.57	4	19:38	51	48:29