



**Stirnu Buks II**  
Gaujas Nacionala Parka / 21.05.2016

0000

**Āboltiņš, Ilgvars**

00: Maratona klubs

00: 1220

00: 23.00 km

Stirnu buks

0000:

VB4B

000: 2:08:52

00: 10.71 km/h

00000/000: 51 (of 379)

00000/0: 47 (of 253)

000000: 1:34:38

00000: 1(of 11)

0000000: 2:08:52

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
101	4.75	22:33	12.64	1	-	58	6:15	4.75	22:33	12.64	1	-	58	6:15
102	0.25	3:39	4.11	1	-	56	1:28	5.00	26:12	11.45	1	-	53	7:31
103	5.00	29:32	10.16	1	-	50	7:17	10.00	55:44	10.77	1	-	48	14:02
104	7.00	34:19	12.24	1	-	50	8:23	17.00	1:30:03	11.33	1	-	49	22:16
106	4.00	22:16	10.78	1	-	50	6:22	21.00	1:52:19	11.22	1	-	47	28:38
Ziel	2.00	16:33	7.25	1	-	64	5:36	23.00	2:08:52	10.71	1	-	48	58:11