



Stirnu Buks II
Gaujas Nacionala Parka / 21.05.2016

0000

Pankoks, Māris

00: Liepājas vieglatlētikas klubs

00: 9355

00: 32.00 km

Lusis

0000:

VL3A

000: 3:02:37

00: 10.51 km/h

00000/000: 59 (of 199)

00000/0: 53 (of 153)

000000: 2:13:06

00000: 16(of 42)

0000000: 2:30:09

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
101	4.75	21:23	13.33	8	3:05	34	5:04	4.75	21:23	13.33	8	3:05	34	5:04
102	0.25	4:15	3.53	26	1:40	91	2:09	5.00	25:38	11.70	11	4:21	39	6:42
103	5.00	30:14	9.92	14	4:02	45	6:03	10.00	55:52	10.74	14	7:15	43	11:30
104	7.00	34:49	12.06	15	4:24	49	8:34	17.00	1:30:41	11.25	14	11:38	45	20:02
105	6.00	35:53	10.03	16	6:06	52	10:01	23.00	2:06:34	10.90	15	17:44	47	29:54
106	6.00	38:08	9.44	26	11:27	83	13:44	29.00	2:44:42	10.56	18	36:02	53	43:21
Ziel	3.00	17:55	10.05	16	4:10	61	6:10	32.00	3:02:37	10.51	17	34:46	55	49:31