



**Stirnu Buks II**  
 Gaujas Nacionala Parka / 21.05.2016

□□□□

**Komasa, Ilze**

□□: Freelanceri

□□: 61

□□: 32.00 km

Lusis

□□□□:

SL2A

□□□: 5:31:04

□□: 5.80 km/h

□□□□□/□□□: 195 (of 199)

□□□□□/□: 45 (of 46)

□□□□□□: 2:38:05

□□□□□: 28(of 29)

□□□□□□□: 2:45:47

□□□□

□□□□

□□□

| □□□  | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□  | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|------|----------|----------|------------|---------|---------|---------|---------|-------|---------|------|---------|---------|---------|---------|
| 101  | 4.75     | 41:07    | 6.93       | 29      | 21:13   | 46      | 21:29   | 4.75  | 41:07   | 6.93 | 29      | 21:13   | 46      | 21:29   |
| 102  | 0.25     | 5:52     | 2.56       | 28      | 3:07    | 44      | 3:07    | 5.00  | 46:59   | 6.39 | 29      | 23:47   | 46      | 24:01   |
| 103  | 5.00     | 53:17    | 5.63       | 29      | 25:35   | 45      | 25:35   | 10.00 | 1:40:16 | 5.98 | 29      | 48:48   | 45      | 48:57   |
| 104  | 7.00     | 1:07:16  | 6.24       | 29      | 34:33   | 45      | 35:37   | 17.00 | 2:47:32 | 6.09 | 29      | 1:23:21 | 45      | 1:24:34 |
| 105  | 6.00     | 1:10:42  | 5.09       | 28      | 37:37   | 45      | 39:51   | 23.00 | 3:58:14 | 5.79 | 28      | 2:00:45 | 44      | 2:04:25 |
| 106  | 6.00     | 1:00:59  | 5.90       | 28      | 30:22   | 44      | 31:18   | 29.00 | 4:59:13 | 5.82 | 29      | 2:35:44 | 46      | 2:35:44 |
| Ziel | 3.00     | 31:51    | 5.65       | 28      | 16:22   | 44      | 17:16   | 32.00 | 5:31:04 | 5.80 | 29      | 2:48:24 | 46      | 2:52:59 |