



Stirnu Buks III
Ventas Ielejas / 25.06.2016

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Jonelis, Andris

□□: Maratona klubs / Cramo
□□: 161

□□: 29.00 km
Lusis

□□□□:
VL3

□□□: 3:30:35

□□: 8.26 km/h

□□□□□/□□□: 103 (of 211)

□□□□□/□: 86 (of 155)

□□□□□□: 1:58:43

□□□□□: 24(of 41)

□□□□□□□: 2:33:14

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	26:28	-	19	6:04	61	8:59	-	26:28	-	19	6:04	61	8:59
102	-	43:08	-	22	9:10	73	15:05	-	1:09:36	-	21	15:14	64	24:04
Sprint Start	-	24:53	-	22	6:52	80	10:10	-	1:34:29	-	21	20:22	70	34:14
Sprint Finish	-	2:44	-	7	0:25	23	0:47	-	1:37:13	-	20	20:29	67	34:52
105	-	40:59	-	30	15:02	110	20:47	-	2:18:12	-	22	34:59	77	55:39
106	-	56:10	-	28	17:39	90	29:36	-	3:14:22	-	22	52:23	83	1:23:58
Ziel	-	16:13	-	33	5:08	117	7:54	29.00	3:30:35	-	24	57:21	86	1:31:52