



Stirnu Buks III
Ventas Ielejas / 25.06.2016

□□□□

Upeniece, Sigita

□□: Vientuļš skrējējs
□□: 6007

□□: 21.00 km
Stirnu buks

□□□□:
SB3

□□□: 2:32:23

□□: 8.27 km/h

□□□□□/□□□: 133 (of 314)

□□□□□/□: 27 (of 113)

□□□□□□: 1:50:38

□□□□□: 4(of 31)

□□□□□□□: 2:09:10

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	33:23	-	10	8:39	57	11:11	-	33:23	-	10	8:39	57	11:11
102	-	48:43	-	4	6:38	27	12:40	-	1:22:06	-	4	15:17	34	23:51
Sprint Start	-	26:26	-	3	3:08	21	7:16	-	1:48:32	-	4	18:25	30	31:07
Sprint Finish	-	3:37	-	2	0:09	13	0:58	-	1:52:09	-	4	18:34	29	31:20
106	-	27:03	-	5	4:24	32	7:53	-	2:19:12	-	4	22:37	28	39:13
Ziel	-	13:11	-	3	0:58	12	2:32	21.00	2:32:23	-	4	23:13	27	41:45