



Stirnu Buks III  
Ventas Ielejas / 25.06.2016

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Pankoks, Māris

□□: Liepājas Vieglatlētikas klubs  
□□: 182

□□: 29.00 km  
Lusis

□□□□:  
VL3

□□□: 2:51:20

□□: 10.16 km/h

□□□□□/□□□: 30 (of 211)

□□□□□/□: 27 (of 155)

□□□□□□: 1:58:43

□□□□□: 9(of 41)

□□□□□□□: 2:33:14

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	23:42	-	10	3:18	35	6:13	-	23:42	-	10	3:18	35	6:13
102	-	37:15	-	10	3:17	29	9:12	-	1:00:57	-	9	6:35	31	15:25
Sprint Start	-	20:44	-	9	2:43	28	6:01	-	1:21:41	-	9	7:34	30	21:26
Sprint Finish	-	3:17	-	15	0:58	58	1:20	-	1:24:58	-	9	8:14	30	22:37
105	-	29:36	-	8	3:39	27	9:24	-	1:54:34	-	9	11:21	27	32:01
106	-	44:29	-	8	5:58	33	17:55	-	2:39:03	-	9	17:04	25	48:39
Ziel	-	12:17	-	7	1:12	28	3:58	29.00	2:51:20	-	9	18:06	27	52:37