



Stirnu Buks III
 Ventas Ielejas / 25.06.2016

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Spickus, Urzula

□□: RigaPlaza

□□: 1122

□□: 21.00 km

Stirnu buks

□□□□:

SB3

□□□: 3:00:17

□□: 6.99 km/h

□□□□□/□□□: 250 (of 314)

□□□□□/□: 70 (of 113)

□□□□□□: 1:50:38

□□□□□: 15(of 31)

□□□□□□□: 2:09:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	35:24	-	14	10:40	73	13:12	-	35:24	-	14	10:40	73	13:12
102	-	1:01:11	-	15	19:06	65	25:08	-	1:36:35	-	14	29:46	69	38:20
Sprint Start	-	32:12	-	15	8:54	70	13:02	-	2:08:47	-	15	38:40	72	51:22
Sprint Finish	-	4:10	-	4	0:42	26	1:31	-	2:12:57	-	15	39:22	70	52:08
106	-	30:35	-	12	7:56	63	11:25	-	2:43:32	-	15	46:57	70	1:03:33
Ziel	-	16:45	-	12	4:32	60	6:06	21.00	3:00:17	-	15	51:07	70	1:09:39