



Stirnu Buks III
 Ventas Ielejas / 25.06.2016

□□□□

Kassalis, Ivars

□□: Riga Ironman Team
 □□: 1201

□□: 21.00 km
 Stirnu buks

□□□□:
 VB2

□□□: 1:51:40

□□: 11.28 km/h

□□□□□/□□□: 20 (of 314)

□□□□□/□: 19 (of 201)

□□□□□□: 1:26:06

□□□□□: 12(of 125)

□□□□□□□: 1:30:26

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| 101 | - | 23:09 | - | 21 | 5:17 | 40 | 5:17 | - | 23:09 | - | 21 | 5:17 | 40 | 5:17 |
| 102 | - | 34:47 | - | 10 | 6:31 | 16 | 6:38 | - | 57:56 | - | 13 | 11:30 | 23 | 11:33 |
| Sprint Start | - | 18:54 | - | 11 | 3:12 | 16 | 4:47 | - | 1:16:50 | - | 11 | 14:42 | 19 | 16:20 |
| Sprint Finish | - | 3:33 | - | 42 | 1:37 | 59 | 1:41 | - | 1:20:23 | - | 11 | 15:21 | 19 | 18:01 |
| 106 | - | 19:44 | - | 14 | 3:32 | 20 | 4:46 | - | 1:40:07 | - | 11 | 18:45 | 18 | 22:19 |
| Ziel | - | 11:33 | - | 17 | 2:29 | 25 | 3:15 | 21.00 | 1:51:40 | - | 12 | 21:14 | 19 | 25:34 |