



Stirnu Buks III  
Ventas Ielejas / 25.06.2016

0000

Ščedrovs, Valentīns

00: Supercompensation

00: 38

00: 29.00 km

Lusis

0000:

VL2

000: 3:02:11

00: 9.55 km/h

00000/000: 53 (of 211)

00000/0: 44 (of 155)

000000: 1:58:43

00000: 29(of 97)

0000000: 2:09:07

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
101	-	28:31	-	57	10:19	89	11:02	-	28:31	-	57	10:19	89	11:02
102	-	41:41	-	35	12:43	55	13:38	-	1:10:12	-	42	23:02	68	24:40
Sprint Start	-	21:57	-	25	6:16	41	7:14	-	1:32:09	-	39	29:18	61	31:54
Sprint Finish	-	2:45	-	15	0:48	25	0:48	-	1:34:54	-	39	29:44	60	32:33
105	-	31:46	-	28	8:57	45	11:34	-	2:06:40	-	35	38:41	55	44:07
106	-	42:39	-	18	16:05	24	16:05	-	2:49:19	-	28	49:01	43	58:55
Ziel	-	12:52	-	25	4:03	40	4:33	29.00	3:02:11	-	29	53:04	44	1:03:28