



Stirnu Buks IV  
Talsi / 30.07.2016

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Actiņš, Jānis

□□: VSK Noskrien/LSC

□□: 55

□□: 29.00 km

Lusis

□□□□:

VL3

□□□: 2:38:55

□□: 10.95 km/h

□□□□□/□□□: 44 (of 220)

□□□□□/□: 40 (of 167)

□□□□□□: 1:54:47

□□□□□: 11(of 56)

□□□□□□□: 2:12:23

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Sprint Start	-	31:15	-	4	4:08	19	6:37	-	31:15	-	4	4:08	19	6:37
Sprint Finish	-	1:26	-	17	0:24	72	0:38	-	32:41	-	4	4:21	22	7:12
103	-	17:24	-	7	2:37	28	4:17	-	50:05	-	4	6:58	24	11:29
104	-	32:18	-	15	6:57	58	9:35	-	1:22:23	-	7	13:55	32	21:04
105	-	36:30	-	15	9:26	57	16:48	-	1:58:53	-	10	18:33	38	33:46
106	-	32:56	-	11	6:57	46	8:45	-	2:31:49	-	10	25:30	38	42:31
Ziel	-	7:06	-	14	1:18	48	1:58	29.00	2:38:55	-	11	26:32	40	44:08