



Stirnu Buks IV  
Talsi / 30.07.2016

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Kāpiņa, Inga

□□: VSK Noskrien

□□: 13

□□: 29.00 km

Lusis

□□□□:

SL3

□□□: 2:59:33

□□: 9.69 km/h

□□□□□/□□□: 97 (of 220)

□□□□□/□: 9 (of 53)

□□□□□□: 2:29:26

□□□□□: 3(of 13)

□□□□□□□: 2:38:39

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Sprint Start	-	38:52	-	4	4:22	9	8:15	-	38:52	-	4	4:22	9	8:15
Sprint Finish	-	1:31	-	2	0:05	11	0:29	-	40:23	-	3	4:27	8	8:25
103	-	19:22	-	2	0:57	5	2:34	-	59:45	-	2	5:24	7	10:59
104	-	35:20	-	3	3:36	10	6:14	-	1:35:05	-	3	9:00	8	17:13
105	-	39:23	-	3	5:48	11	8:01	-	2:14:28	-	3	14:48	9	25:14
106	-	37:38	-	4	5:29	14	7:08	-	2:52:06	-	3	20:17	9	29:56
Ziel	-	7:27	-	3	0:37	9	1:21	29.00	2:59:33	-	3	20:54	9	30:07