



**Stirnu Buks IV**  
Talsi / 30.07.2016

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**Āboltiņš, Ilgvars**

□□: Maratona klubs

□□: 1213

□□: 21.00 km

Stirnu buks

□□□□:

VB4

□□□: 1:46:55

□□: 11.78 km/h

□□□□□/□□□: 45 (of 347)

□□□□□/□: 42 (of 226)

□□□□□□: 1:19:39

□□□□□: 1(of 10)

□□□□□□□: 1:46:55

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□□□

| □□□           | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□ | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-----|---------|---------|---------|---------|
| Sprint Start  | -        | 34:30    | -          | 1       | -       | 45      | 9:13    | -     | 34:30   | -   | 1       | -       | 45      | 9:13    |
| Sprint Finish | -        | 1:25     | -          | 1       | -       | 59      | 0:39    | -     | 35:55   | -   | 1       | -       | 44      | 9:34    |
| 103           | -        | 17:31    | -          | 1       | -       | 30      | 4:00    | -     | 53:26   | -   | 1       | -       | 43      | 13:34   |
| 105           | -        | 15:58    | -          | 1       | -       | 42      | 3:57    | -     | 1:09:24 | -   | 1       | -       | 42      | 17:31   |
| 106           | -        | 30:55    | -          | 1       | -       | 54      | 7:57    | -     | 1:40:19 | -   | 1       | -       | 43      | 25:28   |
| Ziel          | -        | 6:36     | -          | 1       | -       | 56      | 1:48    | 21.00 | 1:46:55 | -   | 1       | -       | 42      | 27:16   |