



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Vērdiņš, Jānis

□□: Sējas novads/MSG
 □□: 1053

□□: 22.00 km
 Stirnu buks

□□□□:
 VB2

□□□: 2:14:22

□□: 9.82 km/h

□□□□□/□□□: 111 (of 311)

□□□□□/□: 101 (of 202)

□□□□□□: 1:27:59

□□□□□: 70(of 123)

□□□□□□□: 1:30:09

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	24:54	-	49	6:48	74	6:48	-	24:54	-	49	6:48	74	6:48
Sprint Start	-	28:01	-	65	8:42	98	8:53	-	52:55	-	55	15:30	82	15:41
Sprint Finish	-	1:22	-	16	0:20	22	0:31	-	54:17	-	52	15:22	75	16:12
105	-	39:20	-	89	15:55	146	15:55	-	1:33:37	-	72	31:17	110	31:19
106	-	25:09	-	70	8:23	106	9:19	-	1:58:46	-	71	39:25	106	40:38
Ziel	-	15:36	-	66	4:48	101	5:45	22.00	2:14:22	-	70	44:13	101	46:23