



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Inka, Uģis

□□: VSK Noskrien
 □□: 1073

□□: 22.00 km
 Stirnu buks

□□□□:
 VB3

□□□: 2:36:30

□□: 8.43 km/h

□□□□□/□□□: 224 (of 311)

□□□□□/□: 170 (of 202)

□□□□□□: 1:27:59

□□□□□: 45(of 53)

□□□□□□□: 1:39:36

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| 101 | - | 30:12 | - | 43 | 10:18 | 157 | 12:06 | - | 30:12 | - | 43 | 10:18 | 157 | 12:06 |
| Sprint Start | - | 32:34 | - | 45 | 10:37 | 172 | 13:26 | - | 1:02:46 | - | 46 | 20:47 | 168 | 25:32 |
| Sprint Finish | - | 1:40 | - | 6 | 0:27 | 49 | 0:49 | - | 1:04:26 | - | 43 | 20:45 | 161 | 26:21 |
| 105 | - | 39:48 | - | 42 | 13:30 | 152 | 16:23 | - | 1:44:14 | - | 43 | 34:05 | 157 | 41:56 |
| 106 | - | 28:14 | - | 42 | 10:24 | 154 | 12:24 | - | 2:12:28 | - | 41 | 44:02 | 156 | 54:20 |
| Ziel | - | 24:02 | - | 51 | 12:52 | 197 | 14:11 | 22.00 | 2:36:30 | - | 45 | 56:54 | 170 | 1:08:31 |