



Stirnu Buks V  
 Āžu Kalna / 20.08.2016

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### Fokerots, Gusts

□□: Vientuļlais vilks

□□: 147

□□: 31.00 km

Lusis

□□□□:

VL2

□□□: 2:54:38

□□: 10.65 km/h

□□□□□/□□□: 35 (of 204)

□□□□□/□: 33 (of 148)

□□□□□□: 2:10:41

□□□□□: 24(of 87)

□□□□□□□: 2:13:12

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	24:00	-	33	5:20	48	6:07	-	24:00	-	33	5:20	48	6:07
Sprint Start	-	24:26	-	23	4:31	28	5:17	-	48:26	-	30	9:51	42	11:24
Sprint Finish	-	1:39	-	50	0:40	73	0:40	-	50:05	-	30	10:31	42	11:59
104	-	48:21	-	24	11:18	34	11:18	-	1:38:26	-	26	21:49	33	23:10
105	-	39:11	-	24	10:59	33	10:59	-	2:17:37	-	25	32:48	35	33:59
106	-	22:45	-	22	5:29	29	6:09	-	2:40:22	-	25	38:17	34	40:08
Ziel	-	14:16	-	29	3:09	42	3:49	31.00	2:54:38	-	24	41:26	33	43:57