



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Pokšāne, Alise

□□: Abas Kreisās Kājas
 □□: 1213

□□: 22.00 km
 Stirnu buks

□□□□:
 SBJ

□□□: 3:02:05

□□: 7.25 km/h

□□□□□/□□□: 284 (of 311)

□□□□□/□: 86 (of 109)

□□□□□□: 1:45:02

□□□□□: 9(of 10)

□□□□□□□: 2:19:40

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	31:52	-	8	5:37	68	11:10	-	31:52	-	8	5:37	68	11:10
Sprint Start	-	38:09	-	8	8:59	79	15:41	-	1:10:01	-	9	14:36	79	26:51
Sprint Finish	-	3:22	-	9	0:51	104	2:09	-	1:13:23	-	9	15:27	79	28:11
105	-	50:47	-	10	12:29	91	22:46	-	2:04:10	-	9	27:56	84	50:57
106	-	36:03	-	9	9:20	90	16:39	-	2:40:13	-	9	37:13	85	1:07:36
Ziel	-	21:52	-	9	5:34	90	9:27	22.00	3:02:05	-	9	42:25	86	1:17:03