



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Zariņa, Zanda

□□: Veikals MARATONS

□□: 163

□□: 31.00 km

Lusis

□□□□:

SL2

□□□: 3:11:39

□□: 9.71 km/h

□□□□□/□□□: 69 (of 204)

□□□□□/□: 7 (of 56)

□□□□□□: 2:37:59

□□□□□: 3(of 32)

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	28:29	-	10	7:25	19	7:25	-	28:29	-	10	7:25	19	7:25
Sprint Start	-	29:31	-	9	6:07	16	6:07	-	58:00	-	9	13:32	16	13:32
Sprint Finish	-	1:41	-	7	0:24	8	0:24	-	59:41	-	8	13:37	15	13:37
104	-	54:01	-	3	9:31	8	9:31	-	1:53:42	-	7	23:08	13	23:08
105	-	40:48	-	3	5:39	4	5:39	-	2:34:30	-	3	28:47	9	28:47
106	-	23:43	-	3	3:54	6	3:54	-	2:58:13	-	3	32:41	8	32:41
Ziel	-	13:26	-	3	0:59	3	0:59	31.00	3:11:39	-	3	33:40	7	33:40