



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Zikovs, Sergejs

□□: ?????????? ????????

□□: 143

□□: 31.00 km

Lusis

□□□□:

VL4

□□□: 4:02:54

□□: 7.66 km/h

□□□□□/□□□: 164 (of 204)

□□□□□/□: 131 (of 148)

□□□□□□: 2:10:41

□□□□□: 7(of 11)

□□□□□□□: 2:46:22

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	31:33	-	6	9:34	129	13:40	-	31:33	-	6	9:34	129	13:40
Sprint Start	-	32:53	-	7	9:30	132	13:44	-	1:04:26	-	6	19:04	132	27:24
Sprint Finish	-	2:39	-	7	1:02	129	1:40	-	1:07:05	-	6	20:06	132	28:59
104	-	1:07:07	-	8	20:58	134	30:04	-	2:14:12	-	6	41:04	133	58:56
105	-	56:23	-	7	19:42	127	28:11	-	3:10:35	-	7	1:00:46	134	1:26:57
106	-	34:07	-	7	11:52	130	17:31	-	3:44:42	-	7	1:12:38	131	1:44:28
Ziel	-	18:12	-	5	3:54	116	7:45	31.00	4:02:54	-	7	1:16:32	131	1:52:13