



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Prauliņš, Valdis

□□: Čiekurkalna Road Runners
 □□: 1278

□□: 22.00 km
 Stirnu buks

□□□□:
 VB3

□□□: 2:10:35

□□: 10.11 km/h

□□□□□/□□□: 97 (of 311)

□□□□□/□: 89 (of 202)

□□□□□□: 1:27:59

□□□□□: 18(of 53)

□□□□□□□: 1:39:36

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-----|---------|---------|---------|---------|
| 101 | - | 22:36 | - | 7 | 2:42 | 37 | 4:30 | - | 22:36 | - | 7 | 2:42 | 37 | 4:30 |
| Sprint Start | - | 25:20 | - | 9 | 3:23 | 44 | 6:12 | - | 47:56 | - | 8 | 5:57 | 37 | 10:42 |
| Sprint Finish | - | 1:39 | - | 5 | 0:26 | 47 | 0:48 | - | 49:35 | - | 8 | 5:54 | 36 | 11:30 |
| 105 | - | 32:34 | - | 9 | 6:16 | 57 | 9:09 | - | 1:22:09 | - | 8 | 12:00 | 41 | 19:51 |
| 106 | - | 25:21 | - | 25 | 7:31 | 111 | 9:31 | - | 1:47:30 | - | 9 | 19:04 | 54 | 29:22 |
| Ziel | - | 23:05 | - | 50 | 11:55 | 192 | 13:14 | 22.00 | 2:10:35 | - | 18 | 30:59 | 89 | 42:36 |