



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Heidemane, Inga

□□: SK Katrīna
 □□: 1321

□□: 22.00 km
 Stirnu buks

□□□□:
 SB3

□□□: 2:45:18

□□: 7.99 km/h

□□□□□/□□□: 256 (of 311)

□□□□□/□: 71 (of 109)

□□□□□□: 1:45:02

□□□□□: 16(of 29)

□□□□□□□: 1:51:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	32:00	-	15	9:52	70	11:18	-	32:00	-	15	9:52	70	11:18
Sprint Start	-	33:12	-	10	8:47	52	10:44	-	1:05:12	-	12	18:39	61	22:02
Sprint Finish	-	3:01	-	23	1:29	80	1:48	-	1:08:13	-	13	20:08	65	23:01
105	-	46:45	-	19	16:59	77	18:44	-	1:54:58	-	16	37:07	70	41:45
106	-	30:33	-	14	9:55	65	11:09	-	2:25:31	-	16	47:02	71	52:54
Ziel	-	19:47	-	18	6:24	72	7:22	22.00	2:45:18	-	16	53:26	71	1:00:16