



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Sedleniece, Ilona

□□: DNB banka
 □□: 1157

□□: 22.00 km
 Stirnu buks

□□□□:
 SB3

□□□: 2:47:38

□□: 7.87 km/h

□□□□□/□□□: 260 (of 311)

□□□□□/□: 73 (of 109)

□□□□□□: 1:45:02

□□□□□: 17(of 29)

□□□□□□□: 1:51:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	32:18	-	16	10:10	74	11:36	-	32:18	-	16	10:10	74	11:36
Sprint Start	-	37:28	-	19	13:03	77	15:00	-	1:09:46	-	18	23:13	77	26:36
Sprint Finish	-	2:55	-	18	1:23	72	1:42	-	1:12:41	-	18	24:36	76	27:29
105	-	44:59	-	16	15:13	69	16:58	-	1:57:40	-	18	39:49	75	44:27
106	-	30:54	-	17	10:16	69	11:30	-	2:28:34	-	17	50:05	73	55:57
Ziel	-	19:04	-	16	5:41	67	6:39	22.00	2:47:38	-	17	55:46	73	1:02:36