



Stirnu Buks V
 Āžu Kalna / 20.08.2016

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Grīnvalds, Ainārs

□□: Mammadaba

□□: 81

□□: 31.00 km

Lusis

□□□□:

VL3

□□□: 3:33:17

□□: 8.72 km/h

□□□□□/□□□: 110 (of 204)

□□□□□/□: 92 (of 148)

□□□□□□: 2:10:41

□□□□□: 24(of 39)

□□□□□□□: 2:34:34

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	26:58	-	22	7:00	87	9:05	-	26:58	-	22	7:00	87	9:05
Sprint Start	-	28:52	-	21	6:24	91	9:43	-	55:50	-	20	12:24	85	18:48
Sprint Finish	-	2:41	-	36	1:33	133	1:42	-	58:31	-	21	13:53	89	20:25
104	-	1:01:04	-	27	18:21	112	24:01	-	1:59:35	-	25	31:04	105	44:19
105	-	48:23	-	22	14:27	91	20:11	-	2:47:58	-	23	45:31	95	1:04:20
106	-	28:42	-	24	8:55	90	12:06	-	3:16:40	-	23	54:26	93	1:16:26
Ziel	-	16:37	-	22	4:17	86	6:10	31.00	3:33:17	-	24	58:43	92	1:22:36