



Stirnu Buks VI
Mākoņkalna / 24.09.2016

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Slaide, Gunārs

□□: Baldones Lauvas
□□: 1064

□□: 25.00 km
Stirnu buks

□□□□:
VB3

□□□: 3:08:15

□□: 7.97 km/h

□□□□□/□□□: 248 (of 290)

□□□□□/□: 161 (of 173)

□□□□□□: 1:33:32

□□□□□: 45(of 50)

□□□□□□□: 1:48:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
101	-	38:37	-	46	13:59	156	16:04	-	38:37	-	46	13:59	156	16:04
102	-	49:50	-	45	18:54	156	22:53	-	1:28:27	-	46	32:53	158	38:57
104	-	1:00:50	-	48	30:25	168	35:20	-	2:29:17	-	45	1:03:18	160	1:14:17
Sprint Start	-	15:49	-	46	7:29	163	8:38	-	2:45:06	-	45	1:10:41	160	1:22:55
Sprint Finish	-	5:08	-	45	2:28	159	3:10	-	2:50:14	-	45	1:12:31	160	1:25:37
Ziel	-	18:01	-	44	8:28	153	9:06	25.00	3:08:15	-	45	1:20:05	161	1:34:43