



Stirnu Buks VI
Mākoņkalna / 24.09.2016

0000

Ščedrovs, Valentīns

00: Supercompensation

00: 28

00: 35.00 km

Lusis

0000:

VL2

000: 3:15:41

00: 10.73 km/h

00000/000: 54 (of 135)

00000/0: 48 (of 101)

000000: 2:16:09

00000: 29(of 62)

0000000: 2:16:09

0000

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000

000	00 km	00 00	00 km/h	00 -	00 -	00 0	00 0	000 km	000 00	000 km/h	00 -	00 -	00 0	00 0
101	-	31:08	-	33	8:38	53	8:38	-	31:08	-	33	8:38	53	8:38
102	-	38:04	-	32	11:04	49	11:04	-	1:09:12	-	32	19:42	49	19:42
103	-	33:53	-	31	10:42	49	10:42	-	1:43:05	-	31	30:24	48	30:24
104	-	1:04:19	-	31	22:31	51	22:31	-	2:47:24	-	30	1:07:20	50	1:07:20
Sprint Start	-	12:18	-	34	4:44	59	4:44	-	2:59:42	-	30	1:07:10	51	1:07:10
Sprint Finish	-	3:19	-	33	1:12	49	1:12	-	3:03:01	-	30	1:05:10	51	1:05:10
Ziel	-	12:40	-	24	3:56	39	3:56	35.00	3:15:41	-	29	59:32	48	59:32