



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Rata, Ilze

□□□: 3:43:57

□□: Exigen Services Latvia #optimized4running

□□: 7.50 km/h

□□: 48

□□: 28.00 km

□□□□□/□□□: 258 (of 274)

Lusis

□□□□□/□: 56 (of 68)

□□□□□□: 2:14:04

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□□□□□: 1(of 3)

SL4

□□□□□□□: 3:43:57

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| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|---------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| 101 | - | 29:14 | - | 1 | - | 58 | 13:17 | - | 29:14 | - | 1 | - | 58 | 13:17 |
| Sprint Start | - | 55:18 | - | 1 | - | 56 | 23:06 | - | 1:24:32 | - | 1 | - | 56 | 36:23 |
| Sprint Finish | - | 3:07 | - | 2 | 0:15 | 54 | 1:38 | - | 1:27:39 | - | 1 | - | 56 | 37:36 |
| 104 | - | 32:41 | - | 1 | - | 56 | 12:47 | - | 2:00:20 | - | 1 | - | 56 | 50:22 |
| 105 | - | 49:45 | - | 1 | - | 56 | 19:22 | - | 2:50:05 | - | 1 | - | 56 | 1:07:30 |
| 106 | - | 36:15 | - | 1 | - | 53 | 14:52 | - | 3:26:20 | - | 1 | - | 56 | 1:22:22 |
| Ziel | - | 17:37 | - | 2 | 0:21 | 58 | 7:31 | 28.00 | 3:43:57 | - | 1 | - | 56 | 1:29:53 |