



Stirnu Buks VII
Beverīnas kalna / 22.10.2016

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Šutovs, Igors

□□: runingdojo

□□: 236

□□: 28.00 km

Lusis

□□□□:

VL2

□□□: 2:22:54

□□: 11.76 km/h

□□□□□/□□□: 71 (of 274)

□□□□□/□: 67 (of 206)

□□□□□□: 1:47:32

□□□□□: 41(of 120)

□□□□□□□: 1:47:32

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
101	-	19:48	-	72	6:23	120	6:23	-	19:48	-	72	6:23	120	6:23
Sprint Start	-	33:58	-	33	7:34	55	7:34	-	53:46	-	51	13:57	84	13:57
Sprint Finish	-	2:08	-	81	0:55	137	0:55	-	55:54	-	50	14:46	86	14:46
104	-	20:04	-	27	4:09	45	4:09	-	1:15:58	-	41	18:54	67	18:54
105	-	31:24	-	28	7:26	49	7:26	-	1:47:22	-	38	25:42	61	25:42
106	-	23:45	-	40	6:49	66	6:49	-	2:11:07	-	40	32:10	63	32:10
Ziel	-	11:47	-	47	3:20	74	3:20	28.00	2:22:54	-	41	35:22	67	35:22